VIRTUE TAEKWONDO

SESSION SCHEDULE

Business Hours: Effective - Tue, Nov 17, 2026

MON	TUE	WED	THU	FRI	SAT	SUN
Closed	3:00 - 9:00pm	3:00 - 9:00pm	3:00 - 9:00pm	3:00 - 8:00pm	8:15am - 12:00pm	Closed

Class Schedule:

	TUE	WED	THU	FRI	SAT
3:55- 4:25pm (30 min.)	**BEG** White - Orange Age 6-17	**LITTLE WARRIOR** All Belts Age 4-7	**BEG** White - Orange Age 6-17	**FAMILY** All Belts Age 6+	**OPEN MAT** All Belts **8:20-9:10am** (50 min.)
4:35- 5:05pm (30 min.)	**LITTLE WARRIOR** All Belts Age 4-7	**BEG** White - Orange Age 6-17	**LITTLE WARRIOR** All Belts Age 4-7	**BEG** White - Orange Age 6-17	**FAMILY** All Belts, Age 6+ **9:15-10:05am** (50 min.)
5:15- 5:55pm (40 min.)	**ADV** Red+ Age 6-17	**INT** Green - H. Blue Age 6-17	**FAMILY** All Belts Age 6+	**INT** Green - H. Blue Age 6-17	**BEG** White - Orange, Age 6-17 **10:20-10:50am** (30 min.)
6:10- 6:50pm (40 min.)	**BEG** White - Orange Age 6-17	**YOUTH BLACK BELT**	**ADV** Red+ Age 6-17	**POOMSAE** Blue+ Age 7+	**LEVEL 2+ SPARRING** Orange+, Age 6-17 **11:05-11:55am** (50 min.)
7:05- 7:55pm (50 min.)	**FAMILY** All Belts Age 6+	**LEVEL 4+ SPARRING** Purple+ Age 6-17	**V TEAM**	**LEVEL 7+ SPARRING** Red+ Age 6-17	
8:05- 9:00pm (55 min.)	**TEEN/ ADULT** All Belts Age 13+	**TEEN/ ADULT** All Belts Age 13+	**TEEN/ ADULT** All Belts Age 13+		**EVENTS** TBD **12:15pm-**

SCHEDULE NOTES:

- All sessions are subject to rescheduling or cancellation with or without notice.
- Students should arrive 10 minutes early to set up, stretch, practice, and connect with classmates.
- Students may not attend classes outside their rank/age without express Master approval.
- Skilled students at lower belt ranks may qualify for higher sparring classes on a Master invitation basis.

virtkd.com/schedule