



# VIRTUE TKD SCHEDULE

(Effective Tue, May 5, 2026)

## BUSINESS HOURS

MON	TUE	WED	THU	FRI	SAT	SUN
Closed	3:00 - 9:00p	3:00 - 9:00p	3:00 - 9:00p	3:00 - 8:00p	9:00 - 11:15a	Closed

## CLASS SCHEDULE\*

TIME	TUE	WED	THU	FRI	SAT
3:15p-3:45p (30 min.) <small>10 Min Break</small>		<b>BEGINNER</b> (White-Orange, Age 6-17)	<b>LITTLE WARRIORS</b> (Age 4-7)		<b>OPEN MAT</b> 9:00a-9:25a (25 min.)
3:55p-4:25p (30 min.) <small>10 Min Break</small>	<b>BEGINNER</b> (White-Orange, Age 6-17)	<b>LITTLE WARRIORS</b> (Age 4-7)	<b>BEGINNER</b> (White-Orange, Age 6-17)	<b>LITTLE WARRIORS</b> (Age 4-7)	<b>FAMILY</b> (All Belts, Age 6+) 9:30a-10:20a (50 min.) <small>15 Min Break</small>
4:35p-5:05p (30 min.) <small>10 Min Break</small>	<b>LITTLE WARRIORS</b> (Age 4-7)	<b>BEGINNER</b> (White-Orange, Age 6-17)	<b>LITTLE WARRIORS</b> (Age 4-7)	<b>BEGINNER</b> (White-Orange, Age 6-17)	<b>BEGINNER</b> (White-Orange, Age 6-17) 10:35a-11:05a (30 min.)
5:15p-5:55p (40 min.) <small>15 Min Break</small>	<b>ADVANCED</b> (Red+, Age 6-17)	<b>INTERMEDIATE</b> (Green-High Blue, Age 6-17)	<b>FAMILY</b> (All Belts, Age 6+)	<b>INTERMEDIATE</b> (Green-High Blue, Age 6-17)	Events TBD 11:15a-
6:10p-6:50p (40 min.) <small>15 Min Break</small>	<b>BEGINNER</b> (White-Orange, Age 6-17)	<b>YOUTH BLACK BELT</b>	<b>ADVANCED</b> (Red+, Age 6-17)	<b>POOMSAE</b> (Blue+, Age 7+)	
7:05p-7:55p (50 min.) <small>10 Min Break</small>	<b>FAMILY</b> (All Belts, Age 6+)	<b>SPARRING</b> (Green+ Age 7-17)	<b>V TEAM</b>	<b>SPARRING</b> (Green+ Age 7-17)	
8:05p-9:00p (50 min.)	<b>TEEN/ADULT</b> (All Belts Age 13+)	<b>TEEN/ADULT</b> (All Belts Age 13+)	<b>TEEN/ADULT</b> (All Belts Age 13+)		

\*All sessions are subject to time-change or cancellation with or without notice.

\*Students should arrive around 10 minutes early to stretch, warm up, and connect with classmates.

\*Students may not attend classes outside their rank / age without express Master permission.

# PEAK TIMES

(Green > Blue > Yellow > Red)

TIME	TUE	WED	THU	FRI	SAT
3:15p- 3:45p (30 min.)		Red	Yellow		
3:55p- 4:25p (30 min.)	Red	Red	Yellow	Yellow	Green
4:35p- 5:05p (30 min.)	Yellow	Yellow	Yellow	Yellow	Blue
5:15p- 5:55p (40 min.)	Blue	Green	Green	Green	
6:10p- 6:50p (40 min.)	Blue	Blue	Blue	Green	
7:05p- 7:55p (50 min.)	Green	Green	Blue	Green	
8:05p- 9:00p (50 min.)	Yellow	Red	Blue		